The Little Deer Dispatch



AMC COLD RIVER CAMP NORTH CHATHAM, NEW HAMPSHIRE

2023 Summer Edition www.coldrivercamp.org 44 ° 14′ 10.1″ N 71 ° 0′ 42.8″ W

MANAGERS' WELCOME

Welcome to Evans Notch!



After an exciting first summer, my family and I are ready to begin a second season at Cold River Camp. I am incredibly happy to announce that my sister, Hillary Turnan, will be joining me as co-manager. We are both thrilled and prepared to make this a great summer! CRC brought my family so many incredible memories, especially of childhood. Hillary joining us here at camp just highlights our family's commitment and passion to CRC.

We have many changes this year, including a new cabin, upgraded family lawn games, and of course our beautiful, updated, and brandnew Lodge dining hall and kitchen that will help ensure this summer is full of fun and food!

Hillary's youngest daughter Lucy (11) will be joining Joe and my daughter, Andy Jane (3). If folks thought Andy's speed was something to talk about last year, just wait to see what a year's time has done to increase that! She and Lucy are so thrilled to be at camp, we are sure they will be there with us on Saturdays to greet, high five, and welcome every guest that drives down our driveway this summer.

Miranda Grover is joining the team this summer as the assistant manager for the first part of the summer while Ellie Morris will be joining us in August in that same role. Miranda has been a guest at Cold River Camp for many years, and like me and my sister, has fond childhood memories of hiking with her family and friends in the valley. She has her grandfather and parents to thank for keeping the CRC tradition alive and well for generations. Miranda worked on croo during the summers of 2017 and 2018, enjoying days off hiking 4,000 footers and making lifelong friends while doing dishes and scrubbing bathrooms!

Ellie Morris has been coming to Cold River with her family since 1990. She was on the 2009 and 2010 croo, and has played a crucial role as fill-in croo in years since. Some of her favorite CRC memories are swimming in an



empty Emerald Pool during a rainstorm and sleeping under the stars in the blueberry meadow. Ellie is an English teacher at Kent School and lives just down the street from the AT during the non-summer months. She and her husband Ben recently bought an old farmhouse in North Fryeburg, with the goal of starting a small-scale flower and vegetable farm.

We are all extremely excited to be part of the inaugural year of the new Lodge and kitchen!

Our new chef is John Mickey from Charlotte, NC and will be joined by Kelly Christenson who joins us from Detroit, MI. John has extensive experience in the culinary world including working at ranch camps as well as high-end restaurants. Kelly has substantial experience in the world of baking as well as a variety of other cooking roles which will help add a lot of depth to the kitchen. With the experience of our returning prep cook and last year's famous sandwich maker, Adam Cumming, we are in for a summer of tasty, satisfying food.

This year's croo has a variety of backgrounds and comes from as far as California and Maryland to join us this summer. They are an intelligent group of hardworking individuals who will make sure your time here at camp is GREAT!

We cannot wait to see you all again and meet those of you that are joining us for the first time!

Emmy Holt and Hillary Turnan Cold River Camp Co-Managers



HELPFUL HINTS

This list offers an overview of what you can expect during your time at Cold River. Should you have other questions, CRC staff and Volunteers are readily available.

Enjoy your stay!

Check-in/ Check-out

Check-in is after 2pm on Saturdays for full week stays. Check-out is by 10am on Saturdays for full week stays.

For partial weeks, days may vary. However, the check out and check in times remain the same.

The Horn

CRC uses an antique fog-horn to announce meal times. The horn sounds at 7:00am to rouse sleepy campers 30 minutes before breakfast. The horn is sounded again at 7:30am to announce breakfast is served. At 6:00pm the horn sounds one more time to announce that dinner is served. Depending on the location of your cabin you may not hear the horn as loudly, so keep an ear out or keep track of the time as meals are served promptly.

Linen Change-Over

Clean sheets & towels are furnished once a week. Each guest receives an additional clean towel on Wednesday. Please leave soiled items near your cabin door for Wednesday AM pickup.

Food in Cabins

To deter animals and critters from entering your cabin, please keep your cabin clean of food. Store food and coolers in hard sided vehicles, especially at night. Bear sightings in camp are rare but our goal is to not entice bears to enter camp with tasty snacks. Raccoons and chipmunks are the primary nuisance critters. Please dispose of trash and recycling at the Housekeeping shed behind the Lodge.

Food Allergies / Dietary Restrictions

Please be sure to let the manager know of any dietary or food allergy needs at the Saturday evening welcome meeting. At CRC we want all our guests to be able to enjoy the camp's delectable menu. There is no longer a need to provide camp with specialty food items as we keep these readily on hand. However, if you have a favorite cereal, bread, milk or snacks, campers are welcome to keep these items in a cooler or in a vehicle to bring to meals.

Breakfast and Dinner

Camp will return to seated meals at the Lodge this summer. The horn will sound a few minutes prior to serving for announcements. Please be prompt so as to hear all the announcements many are important to everyday camp life and daily hike information.

Trail Lunch

The trail lunch buffet is back after its pandemic hiatus! Sandwich fixings, snacks, fruit, and desserts are available at the Lodge before and after breakfast.

Fire Safety

Cold River Camp features many wooden buildings that are more than 100 years old. Please take care and do not leave fires unattended. In event of emergency, each cabin has a smoke /carbon monoxide detector and a fire extinguisher. Smoking, vaping, candles, and outdoor fires are strictly prohibited on camp property. Firewood can obtained at the woodshed in the main parking lot.

Luci Lanterns

Solar Luci lanterns are available for use by guests. Kerosene lanterns are no longer available. Please see a staff member if you would like a lantern. Lanterns are first come, first serve. We recommend guests bring their own additional headlamps and solar- or battery-powered lanterns.

Minors

Children under 16 cannot be left alone in camp without adult supervision. Children under 14 should not wander to the river without adult supervision. Parents are responsible for their children at all times while in camp.

Wanderer's List

On the Lodge Porch you will find the 'Wanderer's Board,' If you go off hiking by yourself, leave a note saying where you are going and when we should expect you to be back. Cross your name off when you return safely to camp. This list will help alert others in your group if you have or have not returned to camp.

WMNF Parking passes

Be aware that some trail heads require a White Mountain National Forest parking pass. A limited number of passes may be available at the nearby WMNF Brickett Place facility, other local vendors, or online.

Fix-It List

On the Lodge porch you will find a 'Fix-It' list. If you see anything that needs fixing, leave a note on the list. It's often the only way we'll find out about it. For bigger items that need to be addressed quickly or immediately, please alert staff.

Cabin Supplies/Ice

Please see a staff member for additional tissues, paper cups, matches, trash bags, etc. We have plenty on hand. A self-service ice machine located in the Lodge, please help yourself as needed. Please always use the ice scoop provided!

No Cell Service / Electronic Devices

There is no cell reception in camp. For the closest service, a quick hike up Little Deer or a drive to the Stow Store should do the trick. Guests have been coming to CRC since 1919 to enjoy the greater outdoors. We have a peaceful spot in Evans Notch where guests come to disconnect from the busy outside world. It is important to us that our guests can fully disconnect from all electronic devices if they desire to. For this reason, we discourage the use of most electronic devices in the lodge or on the porch. An electronic charging station is available for guest use in the Garage/ Bike Shed and the Rec Hall.

Quiet Time: 9:30 pm to 7:00 am. Guests may enjoy the lodge during this time; we ask that the last person out turns off the lights.

Hike Help?

If you have questions about the area, need hiking tips, would like to know what items you should bring on your hike or need some guidance planning trips, please see our Hike Leaders.

Croo Kitty

If you feel that you have received exceptional service while staying at CRC and would like to show your appreciation, you may add to the Croo Kitty at any time during your stay. This year it can be added right onto your invoice! The Croo works long and hard to ensure your stay is relaxing and enjoyable and would appreciate any "thank you's" you send their way!

CELEBRATING THE NEW CONANT LODGE

This summer, as we return to our beloved AMC hiking Camp in the White Mountains, we celebrate the opening of the newly restored Conant Lodge!

This project, a labor of love and testament to the community which Cold River Camp has created over the past century, is our commitment to our children, grandchildren, and the future generations of Cold River Campers. We celebrate and are very grateful for the generosity of all the Conant Lodge Capital Campaign donors, the volunteers on the many committees, and the builders and planners whose loving attention to detail can be seen in every aspect of the refurbished building.

Steve Pelletier and his crew, and Andy Chalmers as our project rep, have retrofitted the old kitchen into a beautiful new dining room and have built a new capacious, functional kitchen. The craftsmanship is impeccable, the details stunning. Take a moment to observe the thoughtful integration of light, natural airflow, skylights, the different woods and the matching grains. Steve reused beams from the old kitchen to retrofit the passageway. Jan Irvin's attention to all architectural details guided the project and he truly deserved the 2022 AMC Volunteer Leadership Award. This truly was a labor of love, love for CRC & comfortable space for guests, topnotch workspace for croo, and powered for a greener planet. The new gracious deck to the north will provide a cool spot in the afternoon to plot hikes in the Notch, and a star gazing station at night.

Along the way, Steve and his crew overcame obstacles from weather. trees, tight quarters, and aging infrastructure. Their creativity and industry allowed us to open Camp for Week 1 despite the odds. Beautiful extra details include a new roof, new gutters and rain guards, and regraded roads. The old Lodge east will serve as a morning lunch station and an evening games or quiet reading space for our community. We look forward to finishing the project in 2023-24 with a garden installation on the south side face of the new structure and a solar array to the west.

Please join us if you are able for the renewed Conant Lodge dedication ceremony, to be held on Saturday, August 19th from 2:00 to 3:00 PM. We will recognize all who made this project possible and enjoy the views and the bounty of the Maine-New Hampshire season together – blueberry pie on the new Conant Lodge North porch.

Please note: While the building is complete, there is still much work to be done on the gardens surrounding the Lodge. These treasured gardens that we all enjoy need to be redesigned and replanted at a cost of approximately \$20 a square foot. If you are out of ideas for birthdays or anniversaries or ways to honor your friends and family, we can help you out!

Please contact Ann Prindle (ann.prindle@gposti.com) for more information, or you can send a donation to:

Appalachian Mountain Club Attn: CRC Conant Lodge Campaign/Gardens 10 City Square, Suite 2 Boston, MA 02129

CRC Wishlist



The Cold River Camp wish list is a way to encourage giving to tangible causes to help improve the camp experience for everyone. If you like to see where your money goes, donating directly to one or more of the items on the wish list could be for you!

All contributions are tax deductible and all donors are recognized on the Camp website and in The Little Deer Dispatch. Or, if you wish, you can choose to remain anonymous. You do not have to fund an entire item.

The AMC Cold River Camp Committee is deeply appreciative of those who do give that extra support to our beloved Camp with generous gifts of time, money or goods. This year's Wish List includes funding for:

 Replacing and restoring the Lodge garden after the Lodge renovation project is complete,

- A whiteboard and table to establish a naturalist corner in the Lodge to raise awareness about what's going on in the natural world at Cold River Camp,
- A weather resistant United States flag,
- Furniture repair and replacement,
- Mattresses for our ongoing mattress replacement program,
- New lawn games,
- New art supplies for the Rec Hall,
- Small pressure washer, to be used to clean moss off the porch steps and decks,
- 20 foot pole saw for trimming limbs around structures

The AMC Development Office will process your donation. Please make out checks to the Appalachian Mountain Club, and specify that your gift is intended for Cold River Camp.

Checks can be mailed to:

Appalachian Mountain Club Attn: Cold River Camp Wishlist 10 City Square, Suite 2 Boston, MA 02129

Volunteer Opportunities

"Volunteers do not necessarily have the time, they just have the heart."

Elizabeth Andrew

We know that our AMC Cold River Camp community certainly has the heart; we are now simply asking for more of you to find the time to volunteer at camp, a treasured tradition since camp's early days in the 1920s. All that is required is a simple willingness to help!

Committees

Cold River Camp runs by a committee of volunteers, in close collaboration with the Appalachian Mountain Club. We just voted in a new Governance structure to encourage broader participation.

CRC Committee

The CRC Committee (CRCC) is the core group of 13-17 volunteers who establish policies for the property, affairs, business, and operation of the camp (3 year terms). Chair, Vice Chair, and Treasurer serve on the Executive Committee. All work on one of the 5 teams below, along with other volunteers not on the CRCC who focus solely on their team of expertise. Each Team has a leader who may or may not be on the CRCC (2 year terms).

Finance Team

This team oversees all aspects of the CRC budget and works with Facilities to create a master plan for the guest seasons, the upkeep of the Camp, and to plan for special projects. They work closely with the summer, extension, and off-season managers as well as the CRC Chair and Treasurer. Our staff bookkeeper supports them with regular payments and reports.

Facilities Team

If keeping up the cabins and common buildings catches your eye, join this active group now. The Facilities Coordinator keeps track of projects,

hires skill labor, and communicates with the volunteer work crews to ensure all buildings are in good operational state. This team works with Finance to project for building each year as well as with AMC and State offices to meet code requirements and licensing.

Land & Waters Team

Cold River Camp property holds 86 acres of ecologically diverse forest, blueberry barrens, springs, and streams. Stewardship of our natural resources requires balancing the needs of Camp and the unique local environment. This team focuses on issues such as forest management, blueberry field maintenance, and the nature trails on Camp property.

Marketing & Communications Team

Have communications or marketing skills? Join our team to keep the Camp website, newsletter, and social media channels up-to-date. We need people who can help us get the word out about how great Cold River is.

Recruitment & Nominating Team

Finding new volunteers with a special interest or skill is the charge of this team. If you enjoy talking to new & old CRC guests and encouraging them to pitch in with us all on Committee, as a hike leader or naturalist, or on volunteer weekends, consider joining this team to help us keep CRC as a Volunteer Managed Camp. In addition to the CRCC and the Teams, General Camp Care and Maintenance

One of the simplest and most effective ways to volunteer at Camp is to contribute to ongoing Camp maintenance efforts. Cabins and buildings need to be repaired and painted, the grounds cleared, and much more. Cold River Camp relies on a cadre of dedicated volunteers who contribute their time and energy to maintaining the buildings and grounds we all enjoy. Consider pitching in!

Camp Opening & Closing

Join us for a weekend of camaraderie as we open and close camp before and after its winter rest. Camp opening and closing occurs in May and October, and volunteers receive room and board for their efforts. Tasks typically include opening/ closing cabins, garden and grounds maintenance, storing and unpacking furniture, light carpentry, painting, cooking and closing the kitchen, opening view corridors, and trail and cabin site clearing.

Facilities Maintenance Weekends

Keeping CRC's buildings and grounds operating properly requires continuing effort. Volunteers perform needed maintenance on work weekends in the spring and fall, separate from opening and closing. Please join us for one or more of these CRC work weekends. We get a lot done and have a lot of fun doing it! People with skills in plumbing, electrical work and carpentry are of course very welcome, but we also need people willing to paint, do landscaping, prune shrubs and trees, and do assorted simple jobs.

Flower Garden Maintenance

Now that the Lodge project is complete, help us restore the native plant gardens in front of the Conant Lodge and Recreation Hall. Garden maintenance kicks off during the spring opening and work weekends. In future years, volunteer to weed, prune, and deadhead during your summer visit.

Trail Work Weekends

Work with Chatham Trails Association to keep nearly 40 miles of trails around Cold River Camp free and clear for all to enjoy. Visit the Chatham Trails Association website to learn more or contact Karl Uggerholt at karlugger@gmail.com.

Extension Season Crew

During the late August-early September Extension Season, the croo is all volunteer, helping in many of the ways the summer croo works. Ample time after morning chores and before evening chores offers time to enjoy hiking or other activities. Meals and lodging are provided. You can volunteer for as little as a weekend, up to as long as two weeks.

A MESSAGE FROM YOUR TRIP LEADERS

old River Camp has a long tradition of led hikes, paddle trips and natural history adventures. Trip leaders and naturalists have spent many years exploring the regions around Cold River Camp and the White Mountains. We are happy to provide information and share expertise with guests who want to hike and explore on their own and welcome guests who may want to join a led hikes or other activities. Many resources such as maps, guidebooks, AMC White Mountain Guides, Cold River Camp AMC hiking guides, and natural history books are available for use in the lodge and library.

Take a trail guide to follow the Conant and Tea House Paths on the Cold River Camp property. If you explore with your own group, make sure you have all the resources within your group for a successful trip and don't forget to sign out and in on the Wanderer's List if you are away from the Cold River Camp property. Our trip leaders have one goal in mind - to see that our guests have a safe, enjoyable vacation at our beloved CRC. For your safety, all of our CRC leaders are currently certified in Wilderness First Aid, CPR, and AMC Leadership, and can advise you in outdoor adventure and safety.

Please remember that there is a maximum of ten hikers per group when venturing into any Wilderness Area. Many trails radiate out from the Cold River Camp property but when you drive, please carpool and please bring and wear a mask if your carpool has a mixed group. We plan to

lead trips on or along rivers, by cool inviting pools, dappled woods, and rocky summits.

Wherever your footsteps take you, take time to relax, enjoy the views, pick the blueberries, breathe in the clean mountain air and admire the native flora and fauna. Take time to read that book you've been neglecting, paint, nap or swim at the Cold River dam. Enjoy the great cooking. Take pleasure in adventure and quiet with old and new friends and family at Cold River Camp this summer.

Our hike leaders and naturalists are volunteers willing to share their love of hiking and the natural world with our guests. Contact the Coordinators or weekly Trip Leaders if you are considering a leadership role. This year's hike leaders and naturalists include:

Week 1: Jim Greaney, Eric Hobbie, Chester Osborne

Week 2: MaryStarr Hope, Chris McArdle, Chester Osborne

Week 3: Ian Duncan, Bayard Klimasmith, Rosie O'Connor

Week 4: Chris McArdle, Jeff Isen, Bayard Klimasmith

Week 5: Jim Gorman, Chris McArdle

Week 6: Jim Greaney, Jim Gorman Week 7: Jim Greaney, Jim Liptack Week 8: Jim Greaney, Kate Morris Week 9: Bill Fuchs, Jim Greaney Extension: Garry Crane, Ned

Beecher

Your leader coordinators, Bill Gross, Trip Leader Coordinator Jim Greaney, Naturalist Coordinator

Take the quiz below to see if you have what it takes to lead!

Would you like a free week at Camp for leading 4 day hikes or activities? Yes___ No___ Would you like to be sure you have a reserved spot at CRC for you and even your party? Yes___ No___ Would you like to be on a priority list for cabin selection? Yes___ No___ Do you like being with people? Yes No Are you comfortable making announcements at breakfast and dinner? Yes___ No___ Do you already know a mix of hard and easy hikes? Yes___ No___ Are you able to lead the hard ones and willing to lead the easy ones? Yes___ No___ Are you willing to welcome new guests and tell them about various hikes? Yes___ No___ By December of the previous year, can you identify 3 weeks of the summer you would be available to lead? Yes___ No___ If you've answered "yes" to the above questions, CONGRATULATIONS! you've passed the preliminary guiz. And, we'd like to talk with you about becoming a CRC Hike Leader or Naturalist. Our contact information is below our names. If you'd like information beforehand, go to https://www.coldrivercamp.org/volunteer and scroll down to Hike Leaders/Naturalists. And, then, e-mail or phone us.

Leading at CRC is great fun...and, at the same time, you're introducing people to the wonders and beauty of the White Mountains and supporting the long tradition of led-hikes at Cold River. What a great combination. We look forward to hearing from you.

Bill Gross, Hike Leader Coordinator wmgross4@verizon.net 610-667-3605 Jim Greaney, Naturalist Coordinator iamesgreaney@comcast.net 781-894-1488

Visting Camp in the Off-Season

nterested in enjoying Evans
Notch outside the summer
months? Crisp autumn leaves,
cross-country skiing, hiking
and snowshoeing opportunities
abound. CRC's charming Evergreen cabin offers a cozy retreat
for these activities.

Evergreen Cabin is available for nightly rentals from October until early May and is ideally located for fall, winter, and spring adventures in peaceful Evans Notch.

This two-room cabin, occupied by staff during the summer months, has a six-bed bunkroom and a

multi-purpose room equipped with a wood stove and a small kitchen area. The cabin is winterized with electricity and is furnished with basic cooking equipment. Wood for the stove is provided, and there is a small outhouse located just behind the cabin.

Reservations open six months prior to visit date. For reservation information, visit https://www.coldrivercamp.org/wintercabin.

To reserve Evergreen, contact
Emma Huse at:
CRCEvergreenCabin@outdoors.org



Committee, Personnel & Key Volunteers



CRC Committee
(as of May 2023)
Sally Morris, Chair
Exeter, NH
amc.crcchair@gmail.com
Vice Chair (Vacant)
Bob Tucker, Treasurer
Elkins, NH
crctreasurer@outdoors.org

Frank Mastro
Facilities Manager
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crc.facilities@gmail.com

Regular Members **MaryStarr Hope** San Anselmo, CA Mark Weston Waltham, MA Anna D'Avanzo Washington, DC Ian Duncan Rutland, MA **Emma Crane** New London, NH Jon Ordway Rollinsford, NH **Ann Prindle** Silver Spring, MD **Emma Huse** S. Burlington, VT

Summer Managers

Emmy Holt Hillary Turnan <u>crcmanagers@gmail.com</u>

Extension & Fall
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offseasonsignup@gmail.com Camp Closing Weekend

Winter/Evergreen
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Mark Weston, Website
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Bill Waste
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Blueberry fields

